

Produce Score Card¹:

Place an "x" in line with each vegetable to indicate your preference/expe

Vegetable	1	2	3
Artichoke			
Asparagus			
Beets			
Bell Peppers			
Broccoli			
Brussels Sprouts			
Cabbage			
Cauliflower			
Celery			
Corn			
Cucumber			
Eggplant			
Garlic			
Green Beans			
Kale			
Lettuce			
Mushrooms			
Okra			
Onions			
Peas			
Potatoes			
Tomatoes			
Turnips			

Turnips			
Summer squash			
Winter squash			

¹ Adapted from a Field to Plate resource.

Scoring Key

1. Love it, can't get enough
2. Eat every now and again
3. Never tried but might
4. Avoid eating if I can
5. Won't eat it.